



IRVING RECREATION CENTER SUMMER DAY CAMP 2014 Grades 5-7

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

Theme for the Week: Indoor Activity

The summer days are getting hotter. To balance out these hot weeks we'll be providing the campers with more opportunities to stay indoors. Together with camper assistance we'll be organizing new clubs to encourage play and enrichment indoors. Campers can look forward to more opportunities to create great works of art and cool off with some games that test their minds and bodies. –Patrick, 5-7 Camp Director

THIS WEEK'S HIGHLIGHTS

Monday

On Monday we'll be going down to Irvingdale Pool from 11:30 a.m. to 1:00 p.m. for some fun in the sun and a dip in the pool. Please make sure that campers have all their swimming gear, including sunscreen. Considering it will most likely be hot we'll be taking extra time to apply sunscreen. After lunch every camper will participate in fitness activities in the gym and some will have the opportunity to learn a lesson plan about healthy living to be taught to the younger campers.

Tuesday

On Tuesday we'll be going to the pool again from 11:30 a.m. to 1:00 p.m. Please again make sure that campers have all their swimming gear. After lunch we'll be indoors for some craft creation and classroom activities!

Wednesday

Today we'll go to the UNL Campus Recreation Center to use the Rock Wall. Everyone will attend the field trip but only those with signed waivers will be allowed to climb, so don't forget your waiver if you want to climb! Please remember to have each camper wear their gray t-shirt. We'll be leaving Irving at 9:00 a.m. and returning at 12:00 p.m.

Thursday

We'll be outdoors playing tennis opposite of the equally active yoga rotation. Some campers will also be going to the South Branch Library from 2:00 p.m. to 3:00 p.m. Please bring back your library books and cards today.

Friday

Today we'll play tennis outside again, but instead of yoga opposite of tennis we'll be playing Ultimate Frisbee outside. Later in the day we'll do a rotation of indoor games including Bingo, a Game Show Challenge, and skits.

IRVING DAY CAMP FAMILY SWIM NIGHT

Irving Recreation Center will host an Irving Day Camp Family Swim Night on Saturday, June 28 from 6-7:30 p.m. at Irvingdale Pool. This is a free event. Families need not be enrolled in week 5 to attend. We hope your family will be able to join us. If so, please complete an RSVP form at the front counter by Friday, June 27.